



BURG  
SCHLITZ  
Schlosshotel



PHARMOS NATUR®

GREEN LUXURY DAY SPA

*Experience and enjoy pure nature on your skin!*



With Green Luxury, Pharmos Natur® takes you into the world of exciting treatments. Experience the unique effect of pure nature on your skin. Anti-aging with the extraordinary energy of plants and 100% pure, active ingredients.

Specially designed care rituals invite you to experience and enjoy from mother nature her precious, active ingredients in an unaltered way on your skin which fuels up with freshness and liveliness. The result is a smooth, silky and regular facial skin, radiant, beautiful eyes, a firm cleavage and silky, smooth skin all over your body.

More than 100 agents which have a unique repair complex are immediately absorbed by your skin. The moisture storages are refilled. The skin functions come into balance, are given new vitality and regenerate effectively. You will see and feel the difference immediately.

Not only will your skin be treated intensively with this procedure, but also your life energy will be revitalised. Body and soul find a marvellous balance.

*You (!) are our main focus. You can feel it with every treatment.*



PHARMOS NATUR®

## GREEN LUXURY BEAUTY TREATMENTS

### “JOY FOR LIFE”

*Beautiful radiance for firm, lively and refreshed skin. A pleasant foot wrap brings you in tune for this treatment. After a cleansing, peeling and eye brow correction look forward to a wonderful massage of your face, neck, arms and hands with nature's treasures. A facial pack personalised to pamper the individual needs of your skin, followed by a vitality-kick for your feet. Your skin will shine again.*

Price: € 119.00          Duration: approx. 90 minutes

### “MEN ONLY”

*A fresh, well-groomed appearance and new energy for him. A treatment full of rich, active components, moisturising and revitalising for men only. It will soften the signs of strain and stress. A cleansing, soft peeling, exhilarant face and neck massage, followed by a revitalising wrap for refreshed and lively skin.*

Price: € 79.00          Duration: approx. 60 minutes

### “LUXURY ROYAL” (for all skin types)

*You will feel truly royal. A unique interaction of mindful hands and precious medicinal plants result in perfect harmony of body and soul. The welcome ritual begins with a relaxing foot bath, followed by a head massage. A thoroughly relaxing massage of feet, legs, neck and arms with natural, majestic scents to stimulate the body's purification process. This treatment offers a complete detachment of every-day stress and tensions.*

- *Relaxation of your muscles and improved joint flexibility*
- *Renewed vitality and agility all over your body*
- *Intensively moisturising and regenerating for your skin and tissue*

**Result:** You feel reborn, balanced and in high spirits, a radiant and pleasant flow that comes from deep within yourself and will be visible on the outside.

Price: € 125.00          Duration: approx. 90 minutes



PHARMOS NATUR®

## GREEN LUXURY BEAUTY TREATMENTS

“ANTI-AGING SKIN REPAIR TREATMENT” for face, neck, chest & hands

*Pure nature with rejuvenating energy. The cell-repair-complex contained in these products acts in combination with hyaluronic acid as a highly effective, free radical scavenger. Wrinkles are reduced, the connective tissue is strengthened, and the moisture levels in the skin are replenished in a natural and very efficient manner. Lines and wrinkles are naturally lifted. An effect, immediately visible, rejuvenating with a long-lasting impact.*

Price: € 125.00      Duration: approx. 90 minutes

“DETOX-EUROPEA” face treatment

*A new skin for every age. The rich interplay of exclusive oils from domestic plants, mineral-rich healing earth and fresh Aloe Vera leaf will nourish your skin, revitalize its functions and improve its elasticity. Your skin will be cleansed and detoxified. Your facial contours will be toned and firm, your skin silky and smooth. A 100% natural Green Luxury treatment with immediate visual and tactile effects. Simply radiant.*

**Result:** A smooth and firm skin, well circulated and toned contours.

Price: € 119.00      Duration: approx. 75 minutes

“JOY FOR FEET”

*Get attuned to this treatment with a soothing foot wrap. Experience a detoxifying massage of your feet and legs with oils and local medicinal plant products especially selected for you. Regenerating for skin and tissue and relieving for your veins. Your legs will once again be light and cheerful, your skin velvety and smooth. Your feet and legs will become a source of vitality for your entire body.*

Price: € 55.00      Duration: approx. 30 minutes



*The spirit of nature. Welcome to the relaxing world!*

### “ST. BARTH HARMONY”

PAMPERING FULL-BODY MASSAGE

*Enjoy personal relaxation: the focus of the full-body massage and the care products used are tailored to individual needs. Thus, coconut oil is used to care for dry skin, cold-pressed avocado oil to maintain the skin's elasticity, camphor & menthol oil and tautening ivy gel for revitalisation, aloe vera gel for intensive moisturising. A luxurious body lotion with your preferred fragrance rounds off the treatment.*

Price: € 100.00

Duration: approx. 60 minutes

### “ST. BARTH HARMONY” - SHORT

PAMPERING PARTIAL-BODY MASSAGE

Price: € 60.00

Duration: approx. 30 minutes

### “ST. BARTH - BURG SCHLITZ SPECIAL”

BODY EXFOLIATION WITH COCONUT OIL & PAPAYA MOUSSE.  
+ FULL BODY MASSAGE WITH AVOCADO OIL

*Your treatment starts with a fruity full-body exfoliation, to pamper your body and senses with the treasures of tropical nature: the efficacy of the fresh, enzyme-rich papaya mousse unfurls; fine sand gently removes dead skin cells and rich coconut oil provides valuable nutrients. The following gentle massage with avocado oil completes your relaxation. A luxurious body lotion with your preferred fragrance rounds off the treatment.*

Price: € 140.00

Duration: approx. 90 minutes

### “ST. BARTH SENSATION”

NOURISHING BODY WRAP WITH RELAXATION MASSAGE

*An opulent body wrap prepared from coconut oil or avocado oil and an individually selected favourite fragrance: vanilla, lily or tiare flower. Moisturising and nourishing, rich in lipids and precious unsaturated fatty acids. The relaxation massage with gentle sweeping movements intensifies the effect of the wrap, relaxes the body and caresses the senses.*

Price: € 100.00

Duration: approx. 60 minutes



*The spirit of nature. Welcome to the relaxing world!*

### “ST. BARTH ELASTICITY”

CLARIFYING BODY WRAP WITH CLAY & CUCUMBER MOUSSE

*The creamy body wrap is individually prepared to suit each skin type – with fresh cucumber mousse and green or pink clay. It contains beneficial minerals, trace elements and vitamins; camphor & menthol oil and tautening ivy gel have both a soothing and invigorating effect. Relax and devote yourself entirely to this moment: while the wrap releases its clarifying and firming properties, either a head or foot massage adds that feel-good factor.*

Price: € 80.00

Duration: approx. 45 minutes

### “ST. BARTH SUNDOWNER”

HYDRATING BODY WRAP WITH GREEN CLAY & MELON MOUSSE

*A refreshing body wrap with the utmost moisturising properties for skin. The succulent galia melon mousse revitalises, while green clay clarifies, calms and gently cleanses the skin. A fresh kick in the form of aloe vera gel provides a cooling, hydrating finish. Ideal as an after sun treatment to calm heated skin after sunbathing. With either a head or foot massage.*

Price: € 80.00

Duration: approx. 45 minutes

### “ST. BARTH SOFTNESS”

RELAXING BODY EXFOLIATION WITH COCONUT OIL AND PAPAYA MOUSSE

*A fruity full-body exfoliating massage formula to pamper the body and senses with the treasures of tropical nature: the efficacy of the fresh, enzyme-rich papaya mousse unfurls; fine sand gently removes dead skin cells and rich coconut oil provides valuable nutrients. Find peace and enjoy clarity – the skin is enveloped in an exotic fragrance and feels silky, soft and smooth.*

Price: € 70.00

Duration: approx. 45 minutes

### “ST. BARTH DREAM”

FRAGRANT BEAUTY BATH

*An individual beauty bath with milk and a specifically selected fragrance blend of three ingredients: mild shower gel is mixed, if desired, with one body oil and one body lotion from Ligne St Barth to form nourishing bath oil. A cleansing ritual and sensuous experience: the bath nourishes the skin, lending it fragrance and a velvety sheen.*

Price: € 45.00

Duration: approx. 30 minutes

## Special Massages

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### “DEEP RELAX”

#### HOT STONE MASSAGE

*Enjoy a pleasant treatment with warm basaltic rocks and feel embraced by a state of deep relaxation and peace of mind. Let go and enjoy the feeling of lightness within.*

Price: € 110.00          Duration: approx. 60 minutes

### “HARMONY FOR YOUR FEET”

#### FOOT REFLEXOLOGY MASSAGE

*Reflexology links pressure points on the feet with the body's natural functions. The treatment balances energy flow while promoting stress relief and overall well-being.*

Price: € 45.00          Duration: approx. 30 minutes

## Baths for Body & Soul

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- Relaxing, refreshing, regenerating -

### “ST. BARTH DREAM”

#### EXOTIC BEAUTY BATH

*An individual beauty bath with milk and a special composition of care and scent of Ligne St. Barth products: Mild shower gel mixed with aromatic oil and scented body lotion for a nourishing bath supplying the skin with a lasting source of valuable minerals and vitamins. This luxurious beauty bath will give your skin a long-lasting, velvety shimmer.*

Price: € 45.00          Duration: approx. 30 minutes

### “DELUXE VELVET ROSE”

*Thermal brine salt and valuable, ethereal rose oil will give you a soothing and relaxing bathing experience. Including one glass of our rosé sparkling wine Burg Schlitz “Cuvée Karoline”.*

Price: € 55.00          Duration: approx. 30 minutes

### CLEOPATRA BATH with milk, honey and almond oil

*Already Queen Cleopatra valued this mineralizing and hydrating therapeutic bath with a combination of goat-milk cream and oil. After this nourishing bath your skin will be soft to the touch and leave you with a velvety peachy skin. It positively influences your complexion as well as your entire wellbeing, stimulating beneficially your musculature and your autonomic nervous system.*

Price: € 55.00          Duration: approx. 30 minutes

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## SPA - ETIQUETTE

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We are very pleased to welcome you to our GREEN LUXURY SPA. We are here exclusively for you and are happy to advise you which of our treatments are suitable for you. Visit us at our reception desk or call us through the internal numbers #99 or #72.

- **GENERAL:** We recommend being present approx. 15 minutes prior to your SPA treatment so that you can relax and get properly attuned to your massage. Furthermore we advise you to thoroughly take liquid immediately before treatments and before visiting the sauna. However, we do not recommend heavy meals. Kindly always take a shower before visiting the SPA, sauna and pool. Enjoy an extended period of rest after your treatment.
- **CLOTHING:** with bathrobe and slippers you are dressed appropriately for your SPA visit. Both can be found for your convenience in your hotel room (in your closet or in your SPA bag in the bathroom). For the pool kindly bring your bathing suit.
- **HEALTH:** At the beginning of your SPA visit please inform us about possible adverse effects such as high blood pressure, heart disease, metabolic disorders, allergies, pregnancy or a recent surgery.
- **CHILDREN:** our Wellness & SPA Lounge is a place of tranquillity. **Children and adolescents under 16 years of age must be accompanied by their parents / guardians. Massages or treatments for children younger than 16 years are not possible.**
- **MOBILE PHONE:** For your relaxation and out of respect for other guests we kindly ask you to leave your phone switched off in our Wellness & SPA Lounge.
- **FOOD & DRINKS:** For hygienic reasons it is prohibited to enter our Wellness & SPA Lounge with food or beverages. Free water and tea are provided for your refreshment.
- **NO SMOKING:** Please note that smoking is not permitted in the entire Wellness & SPA Lounge.
- **CANCELLATION DEADLINES:** Please be at the SPA front desk at least 10 minutes before the beginning of your SPA treatment. If you cannot make your appointment please cancel it at least 24 hours in advance. Kindly understand that your treatment time will be shortened in case of any delay. If you cancel on the day of your scheduled appointment or do not show up we will have to charge you with 100% of the treatment price.

Thank you for your understanding.

